

LEARNING DIFFERENCES & ME: My Perfect Day



For children with learning differences, a lot of time is devoted to academics. Of course, this is very important. It's also very important to recognize and encourage strengths and interests and spend some time with those as well.

Ask your child to write down or draw or make a video that tells how they would spend a perfect day. What would they do and who would they do it with? Where would it be? What would they eat? What would they see? You know your child best and probably know what they're good at, but sometimes it's fun to just take some time to celebrate. You might both learn some things.

A large white rectangular area is framed by a thick orange border, intended for a child to write or draw their 'My Perfect Day'. The text 'My Perfect Day' is written in a cursive font at the top center of the white area. A small grey circle is positioned at the top center of the orange border, with two lines extending downwards to the top corners of the white area, suggesting a hanging display.

Find this PDF online at: chconline.org/learning-differences-my-perfect-day



LEARNING DIFFERENCES GUIDE

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CHC | CHCONLINE.ORG | 650.326.5530 | 650 CLARK WAY, PALO ALTO, CA 94304



Comprehensive and integrated services for learning differences and mental health
Supporting children, teens, young adults and families