



Mental health and connection are more important than ever.



Leading the Emotional Recovery

Children's Health Council is leading the emotional recovery with learning and mental health services for kids, teens, young adults and families. Our mission-minded experts are committed to transforming lives with courage, connection and compassion. CHC's areas of excellence include learning differences, ADHD, anxiety and depression and autism.

CLINICAL SERVICES

- ✔ Teletherapy
- ✔ Individual and family psychotherapy
- ✔ Psychiatric consultation
- ✔ Medication management
- ✔ Evaluations and assessments
- ✔ DBT Skills Groups
- ✔ RISE Intensive Outpatient Program for Teens
- ✔ Ravenswood Initiative
- ✔ Santa Clara Medi-Cal
- ✔ Early Support Program for Autism

COMMUNITY EDUCATION

- ✔ Free webinars for parents and educators
- ✔ Podcasts about parenting, mental health and learning
- ✔ Curated 24/7 Online Resource Library
- ✔ Special events

SCHOOLS

- ✔ **Sand Hill School:** Where learning differences are considered superpowers. We're dedicated to helping 2nd – 8th grade students with language-based learning differences, ADHD and school-based anxiety learn to love school again.
- ✔ **Esther B. Clark School:** Where children with emotional and behavioral issues re-engage in learning and in life. We're dedicated to helping these K-10 kids develop the positive behaviors necessary to transition back to a more traditional school setting.

COMMUNITY ENGAGEMENT

- ✔ Parent Support Groups
- ✔ School Counselor Collaborative
- ✔ Learning Specialists Collaborative
- ✔ Teen Mental Health Leadership Collaborative
- ✔ School and Corporate Partnerships
- ✔ Volunteer Opportunities

We're here for you. Reach out.

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Best-in-class learning
and mental health services

for children, teens and young adults for nearly 70 years

Children's Health Council

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